



# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

## Application Information

**Status of Processing:** Certificate request forms will be processed within ten business days of receipt. If you do not receive a receipt of confirmation within this time frame, contact our office.

**When you have completed all your certification requirements:** Certificate Request Form, Course Completion Record and copies of supporting course completion certificates must be submitted. All coursework must be completed before application submittal. Credentials (certificate &/or plaque) will be sent to the mailing address provided below.

I have read and agree to the guidelines outlined above:

*NOTE: Those enrolled in legacy certificate programs may continue with those tracks as planned OR opt to follow the new tracks to certificate completion, whichever best suits your schedule and knowledge requirements*

|                  |             |
|------------------|-------------|
|                  |             |
| <b>Signature</b> | <b>Date</b> |

**Recipient Information:** *NOTE: Enter name as it appears your government issued ID.*

| Student ID Number | Prefix                   | First Name | MI            | Last Name | Suffix |          |
|-------------------|--------------------------|------------|---------------|-----------|--------|----------|
|                   |                          |            |               |           |        |          |
| Mailing Address   |                          |            |               | City      | State  | Zip Code |
|                   |                          |            |               |           |        |          |
| Home Phone Number | Work / Cell Phone Number |            | Email Address |           |        |          |
| ( )               | ( )                      |            |               |           |        |          |

| Indicate DATE of COMPLETION, and which SSH Certificate Programs (s) you are completing |   |  |                               |  | (mm/dd/yyyy) |
|--|---|--|-------------------------------|--|--------------|
| <input type="checkbox"/> Construction Industry   | <input type="checkbox"/> General Industry | <input type="checkbox"/> Maritime Industry | Click or tap to enter a date. |  |              |
| <input type="checkbox"/> Disaster Preparedness   | <input type="checkbox"/> Healthcare       |  |                               |  |              |

| ITEM   | Unit Price | Qty. | Price   | Make Check Payable to VSCC<br>Please do NOT send cash.<br>Mail to: Volunteer State Community College<br>OTI Education Center<br>1480 Nashville Pike<br>Gallatin, TN 37066 |
|--|------------|------|---------|---|
| Application Fee (Includes paper & PDF certificate) | \$95       | 1    | \$95.00 |   |
| Certification Plaque                               | \$95       |      |         |   |
| <b>Total Due</b>                                   |            |      |         |   |

**If paying by Credit Card, complete the following:**

Check One:  Visa    Mastercard    AMEX    Discover

Credit Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_ Amount\$ \_\_\_\_\_ CVV \_\_\_\_\_

Print Cardholder's Name \_\_\_\_\_

Cardholder's Signature \_\_\_\_\_

**For Office Use Only:**

Receipt # \_\_\_\_\_ Date: \_\_\_\_\_

Initials \_\_\_\_\_ Term/Year: \_\_\_\_\_

Volunteer State Community College, a Tennessee Board of Regents institution, is an equal opportunity institution and ensures equal opportunity for all persons without regard to race, color, religion, sex, national origin, disability status, age, sexual orientation or status as a qualified veteran with a disability or veteran of the Vietnam era.

|   |   |   |
|---|---|---|
| <b>FOR OFFICE USE ONLY:</b>               | STUDENT ID: _____                             | <input type="checkbox"/> MAIL TO STUDENT  |
| <input type="checkbox"/> CERTIFICATE ONLY | <input type="checkbox"/> CERTIFICATE & PLAQUE | <input type="checkbox"/> PRESENT IN CLASS |



# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

|  |   |
|--|---|
| <b>OS&amp;H Certificate Program Name</b> | <b>Certified Safety Health Official (CSHO)<br/>Construction Industry</b>  |
| <b>Program Code</b>                      | <b>CSHO-CI</b>  |
| <b>Campus/Facility</b>                   | VSCC Gallatin TN  |
| <b>Degree Type:</b>                      | Certificate   |
| <b>Application Fee</b>                   | \$95.00   |
| <b>Minimum Contact Hours Required</b>    | 175.5   |
| <b>For Additional Information</b>        | (615) 230-3358; <a href="mailto:OSHA@VolState.edu">OSHA@VolState.edu</a> ; or, <a href="http://www.VolState.edu/OSHA">www.VolState.edu/OSHA</a> |

### Program Description:

Participants in the Certified Safety & Health Official Certificate Program must complete a minimum of nine (9) courses, comprised of required and elective courses, which include a minimum of 175.5 contact hours of training through OTI Education Center courses to earn the *Certified Safety & Health Official* Construction Industry certificate.

- must complete six (6) Required Courses from the Construction Industry list for a minimum of 148.0 contact hours of training.
- must complete a minimum of three (3) Elective Courses from the industry list that include a minimum of 27.5 contact hours of training.
- A minimum of 2 courses, or 52 hours of training, must have been taken with the OTI Education Center at Volunteer State Community College.
  - ❖ Other required and elective courses may be transferred from any OSHA Training Institute Education Center.
  - ❖ Proof of successful course completion is required.

### Certified Safety Health Official (CSHO) Course Completion Record

| Six (6) Required Courses   | Min Hrs.    | Course Location | Completion Date |
|--|-------------|-----------------|-----------------|
| OSHA #510 Occupational Safety and Health Standards (OSH) for the Construction Industry   | 26.0        |                 |                 |
| OSHA #500 Trainer Course for the Construction Industry – 26 contact hours<br><b>OR,</b><br>OSHA #502 Update for Construction Industry Outreach Trainers – 18 contact hours | 18.0        |                 |                 |
| OSHA #511 OSH Standards for General Industry   | 26.0        |                 |                 |
| OSHA #521 OSHA Guide to Industrial Hygiene   | 26.0        |                 |                 |
| OSHA #3095 Electrical Standards  | 26.0        |                 |                 |
| OSHA #3115 Fall Protection   | 18.0        |                 |                 |
| <b>Electives: (At least 3 courses that include a minimum of 27.5 hours of training from the list below)</b>  |             |                 |                 |
| OSHA #2015 Hazardous Materials   | 26.0        |                 |                 |
| OSHA #2055 Cranes in Construction  | 22.5        |                 |                 |
| OSHA #2225 Respiratory Protection  | 26.0        |                 |                 |
| OSHA #2255 Principles of Ergonomics  | 18.0        |                 |                 |
| OSHA #2264 Permit-Required Confined Space Entry  | 20.0        |                 |                 |
| OSHA #3015 Excavation, Trenching, and Soil Mechanics;<br><b>OR,</b><br>OSHA #7410 Managing Excavation Hazards  | 20.0<br>6.5 |                 |                 |
| OSHA #3085 Principles of Scaffolding   | 22.0        |                 |                 |
| OSHA #7105 Evacuation and Emergency Preparedness   | 4.0         |                 |                 |



# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

|  |      |  |  |
|--|------|--|--|
| OSHA #7110 Safe Bolting: Principles and Practices  | 7.0  |  |  |
| OSHA #7205 Health Hazard Awareness   | 6.0  |  |  |
| OSHA #7210 Pandemic Illness Preparedness   | 5.5  |  |  |
| OSHA #7215 Silica in Construction and General Industry/Maritime  | 7.0  |  |  |
| OSHA #7300 Understanding OSHA's Permit-Required Confined Space Standard  | 7.0  |  |  |
| OSHA #7400 Noise in the Construction Industry  | 5.5  |  |  |
| OSHA #7415 Construction Industry Requirements (Major Hazards and Prevention)   | 12.0 |  |  |
| OSHA #7500 Introduction to Safety and Health Management  | 5.5  |  |  |
| OSHA #7505 Introduction to Accident Investigation;<br><b>AND</b><br>RSHOL #9505 Root Cause Analysis-Accidents & Injuries | 17.5 |  |  |
| OSHA #7845 Recordkeeping Rule Seminar  | 4.0  |  |  |
| TPS #211 Electrical Safety in the Workplace—<br>Understanding NFPA 70E®  | 12.0 |  |  |

View OTI Education Center at Volunteer State Community College scheduled courses at: [www.VolState.edu/OSHA](http://www.VolState.edu/OSHA)



# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

| OS&H Certificate Program Name:  | Certified Safety Health Official (CSHO)<br>General Industry   |                 |                 |
|---|---|-----------------|-----------------|
| Program Code  | CSHO-GI   |                 |                 |
| Campus/Facility   | VSCC Gallatin TN  |                 |                 |
| Degree Type:  | Certificate   |                 |                 |
| Application Fee   | \$95.00   |                 |                 |
| Minimum Credit Hours Required:  | 175.5   |                 |                 |
| Contact:  | (615) 230-3358; <a href="mailto:OSHA@VolState.edu">OSHA@VolState.edu</a> ; or, <a href="http://www.VolState.edu/OSHA">www.VolState.edu/OSHA</a> |                 |                 |
| Program Description:  |   |                 |                 |
| <p>Participants in the Certified Safety &amp; Health Official Certificate Program must complete a minimum of nine (9) courses, comprised of required and elective courses, that include a minimum of 175.5 contact hours of training through OTI Education Center courses to earn the <i>Certified Safety &amp; Health Official General Industry</i> certificate.</p> <ul style="list-style-type: none"> <li>➤ must complete six (6) Required Courses from the General Industry list for a minimum of 148 contact hours of training.</li> <li>➤ must complete a minimum of three (3) Elective Courses from the industry list that include a minimum of 27.5 contact hours of training.</li> <li>➤ A minimum of two (2) courses, or 52 hours of training, must have been taken with the OTI Education Center at Volunteer State Community College.                             <ul style="list-style-type: none"> <li>❖ Other required and elective courses may be transferred from any OSHA Training Institute Education Center.</li> <li>❖ Proof of successful course completion is required.</li> </ul> </li> </ul> |   |                 |                 |
| Certified Safety Health Official (CSHO-GI) Course Completion Record   |   |                 |                 |
| Six (6) Required Courses:   | Min Hrs.  | Course Location | Completion Date |
| OSHA #511 Occupational Safety and Health Standards for General Industry   | 26.0  |                 |                 |
| OSHA #501 Trainer Course for General Industry – 26 contact hours<br>or #503 Update for General Industry Outreach Trainers – 18 contact hours  | 18.0  |                 |                 |
| OSHA #510 Occupational Safety and Health Standards for Construction   | 26.0  |                 |                 |
| OSHA #521 OSHA Guide to Industrial Hygiene  | 26.0  |                 |                 |
| OSHA #2045 Machinery and Machine Guarding Standards   | 26.0  |                 |                 |
| OSHA #3095 Electrical Standards   | 26.0  |                 |                 |
| Electives: (At least 3 courses that include a minimum of 27.5 hours of training from the list below)  |   |                 |                 |
| OSHA #2015 Hazardous Materials  | 26.0  |                 |                 |
| OSHA #2225 Respiratory Protection   | 26.0  |                 |                 |
| OSHA #2255 Principles of Ergonomics   | 18.0  |                 |                 |
| OSHA #2264 Permit-Required Confined Space Entry; or,<br>OSHA #7300 OSHA's Permit-Required Confined Space Standard   | 20.0<br>7.0   |                 |                 |
| OSHA #7005 Public Warehousing and Storage   | 7.0   |                 |                 |
| OSHA #7105 Evacuation and Emergency Preparedness  | 4.0   |                 |                 |
| OSHA #7115 Lockout/Tagout   | 7.5   |                 |                 |



# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

|   |      |  |  |
|---|------|--|--|
| OSHA #7200 Bloodborne Pathogen Exposure Control for Healthcare Facilities   | 7.0  |  |  |
| OSHA #7205 Health Hazard Awareness  | 6.0  |  |  |
| OSHA #7210 Pandemic Illness Preparedness  | 5.5  |  |  |
| OSHA #7215 Silica in Construction and General Industry/Maritime   | 7.0  |  |  |
| OSHA #7500 Introduction to Safety and Health Management   | 5.5  |  |  |
| OSHA #7505 Introduction to Accident Investigation; AND RSHOL #9505 Root Cause Analysis-Accidents & Injuries   | 17.5 |  |  |
| OSHA #7845 Recordkeeping Rule Seminar   | 4.0  |  |  |
| TPS #211 Electrical Safety in the Workplace— Understanding NFPA 70E®  | 12.0 |  |  |
| View OTI Education Center at Volunteer State Community College scheduled courses at: <a href="http://www.volstate.edu/OSHA">www.volstate.edu/OSHA</a> |      |  |  |



# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

|  |   |
|--|---|
| <b>OS&amp;H Certificate Program Name</b> | <b>Certified Safety Health Official (CSHO)<br/>Maritime Industry</b>  |
| <b>Program Code</b>                      | <b>CSHO-MI</b>  |
| <b>Campus/Facility</b>                   | VSCC Gallatin TN  |
| <b>Degree Type:</b>                      | Certificate   |
| <b>Application Fee</b>                   | \$95.00   |
| <b>Minimum Contact Hours Required</b>    | 178.5   |
| <b>For Additional Information</b>        | (615) 230-3358; <a href="mailto:OSHA@VolState.edu">OSHA@VolState.edu</a> ; or, <a href="http://www.VolState.edu/OSHA">www.VolState.edu/OSHA</a> |

### Program Description:

Participants in the Certified Safety & Health Official Certificate Program must complete a minimum of nine (9) courses, comprised of required and elective courses, which include a minimum of 178.5 contact hours of training through OTI Education Center courses to earn the *Certified Safety & Health Official* Construction Industry certificate.

- must complete six (6) Required Courses from the Construction Industry list for a minimum of 151.0 contact hours of training.
- must complete a minimum of three (3) Elective Courses from the industry list that include a minimum of 27.5 contact hours of training.
- A minimum of 2 courses, or 52 hours of training, must have been taken with the OTI Education Center at Volunteer State Community College.
  - ❖ Other required and elective courses may be transferred from any OSHA Training Institute Education Center.
  - ❖ Proof of successful course completion is required.

### Certified Safety Health Official (CSHO-MI) Course Completion Record

| Six (6) Required Course   | Min Hrs. | Course Location | Completion Date |
|---|----------|-----------------|-----------------|
| OSHA #5410 Occupational Safety and Health Standards for the Maritime Industry   | 35.0     |                 |                 |
| OSHA #5400 Trainer Course in Occupational Safety and Health Standards for the Maritime Industry– 26 contact hours;<br><b>OR,</b><br>OSHA #5402 Maritime Industry Trainer Update Course – 18 contact hours | 18.0     |                 |                 |
| OSHA #521 OSHA Guide to Industrial Hygiene  | 26.0     |                 |                 |
| OSHA #2264 Permit-Required Confined Space Entry   | 22.0     |                 |                 |
| OSHA #3095 Electrical Standards   | 26.0     |                 |                 |
| OSHA #3115 Fall Protection  | 18.0     |                 |                 |
| <b>Electives: (At least 3 courses that include a minimum of 27.5 hours of training from the list below)</b>   |          |                 |                 |
| OSHA #2015 Hazardous Materials  | 26.0     |                 |                 |
| OSHA #2045 Machinery and Machine Guarding Standards   | 26.0     |                 |                 |
| OSHA #2055 Cranes in Construction   | 22.5     |                 |                 |
| OSHA #2225 Respiratory Protection   | 26.0     |                 |                 |
| OSHA #2255 Principles of Ergonomics   | 18.0     |                 |                 |
| OSHA #3085 Principles of Scaffolding  | 22.0     |                 |                 |
| OSHA #7005 Public Warehousing and Storage   | 7.0      |                 |                 |
| OSHA #7105 Evacuation and Emergency Preparedness  | 4.0      |                 |                 |
| OSHA #7115 Lockout/Tagout   | 7.5      |                 |                 |



# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

|  |      |  |  |
|--|------|--|--|
| OSHA #7120 Introduction to Combustible Dust Hazards  | 6.5  |  |  |
| OSHA #7205 Health Hazard Awareness   | 6.0  |  |  |
| OSHA #7215 Silica in Construction and General Industry/Maritime  | 7.0  |  |  |
| OSHA #7500 Introduction to Safety and Health Management  | 5.5  |  |  |
| OSHA #7505 Introduction to Accident Investigation;<br><b>AND</b><br>RSHOL #9505 Root Cause Analysis-Accidents & Injuries | 17.5 |  |  |
| OSHA #7845 Recordkeeping Rule Seminar  | 4.0  |  |  |
| TPS #211 Electrical Safety in the Workplace—<br>Understanding NFPA 70E®  | 12.0 |  |  |

View OTI Education Center at Volunteer State Community College scheduled courses at: [www.VolState.edu/OSHA](http://www.VolState.edu/OSHA)



# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

|   |   |
|---|---|
| <b>OS&amp;H Certificate Program Name:</b> | <b>Certified Safety Health Official (CSHO)<br/>Disaster Preparedness and Response</b>   |
| <b>Program Code</b>                       | <b>CSHO-DPR</b>   |
| <b>Campus/Facility</b>                    | VSCC Gallatin TN  |
| <b>Degree Type</b>                        | Certificate Program   |
| <b>Application Fee</b>                    | \$95.00   |
| <b>Minimum Hours Required:</b>            | 194   |
| <b>Contact:</b>                           | (615) 230-3358; <a href="mailto:OSHA@VolState.edu">OSHA@VolState.edu</a> ; or, <a href="http://www.VolState.edu/OSHA">www.VolState.edu/OSHA</a> |

### Program Description:

Participants in the Certified Safety & Health Official Certificate Program must complete a minimum of eleven (11) courses, comprised of required and elective courses, which include a minimum of 194.0 hours of training to earn the *Certified Safety & Health Official* Disaster Preparedness and Response certificate.

- must complete the six (6) Required Course as listed for a minimum of 134.0 contact hours of training.
- must complete a minimum of five (5) Elective Courses from the list below that include a minimum of 60.0 contact hours of training.
- A minimum of 2 courses, that include a minimum of 52 contact hours of training, must have been taken with the OTI Education Center at Volunteer State Community College.
  - ❖ Other required and elective courses may be transferred from any OSHA Training Institute Education Center.
  - ❖ Proof of successful course completion is required.

### Certified Safety Health Official (CSHO-DPR)-Course Completion Record

| Six (6) Required Course  | Min Hrs.    | Course Location | Completion Date |
|--|-------------|-----------------|-----------------|
| OSHA #510 OSH Standards for the Construction Industry  | 26.0        |                 |                 |
| OSHA #511 Occupational Safety and Health Standards for General Industry  | 26.0        |                 |                 |
| OSHA #500 Trainer Course in OSH Standards for the Construction Industry;<br><b>OR,</b><br>OSHA #501 Trainer Course in OSH Standards for General Industry | 26.0        |                 |                 |
| OSHA #2015 Hazardous Materials   | 26.0        |                 |                 |
| OSHA #2225 Respiratory Protection  | 26.0        |                 |                 |
| OSHA #7105 Evacuation and Emergency Planning   | 4.0         |                 |                 |
| <b>Electives: (At least 5 courses that include a minimum of 60.0 hours of training from the list below)</b>  |             |                 |                 |
| OSHA #521 OSHA Guide to Industrial Hygiene   | 26.0        |                 |                 |
| OSHA #2264 Permit-Required Confined Space Entry;<br><b>OR,</b><br>OSHA #7300 Understanding OSHA's Permit-Required Confined Space Standard                | 20.0<br>7.0 |                 |                 |
| OSHA #3015 Excavation, Trenching, and Soil Mechanics (formerly OSHA #3010);<br><b>OR,</b><br>OSHA #7410 Managing Excavation Hazards                      | 20.0<br>6.5 |                 |                 |
| OSHA #3095 Electrical Standards  | 26.0        |                 |                 |
| OSHA #3115 Fall Protection;<br><b>OR,</b><br>OSHA #7405 Fall Hazard Awareness for the Construction Industry  | 18.0<br>5.0 |                 |                 |
| OSHA #5600 Disaster Site Worker Trainer Course   | 24.0        |                 |                 |





# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

|   |     |  |  |
|---|-----|--|--|
| OSHA #7000 OSHA Training Guidelines for Safe Patient Handling   | 7.5 |  |  |
| OSHA #7115 Lockout/Tagout   | 7.5 |  |  |
| OSHA #7200 Bloodborne Pathogens Exposure Control for Healthcare Facilities  | 7.0 |  |  |
| OSHA #7205 Health Hazard Awareness  | 6.0 |  |  |
| OSHA #7210 Pandemic Illness Preparedness  | 5.5 |  |  |
| OSHA #7215 Silica in Construction, Maritime, and General Industries   | 7.0 |  |  |
| IS-100.B: Introduction to Incident Command System (ICS-100).<br>Available online at<br><a href="https://emilms.fema.gov/IS100b/index.htm">https://emilms.fema.gov/IS100b/index.htm</a>  | 3.0 |  |  |
| IS-200.B: ICS for Single Resources and Initial Action Incidents (ICS-200).<br>Available online at<br><a href="https://emilms.fema.gov/IS200b/index.htm">https://emilms.fema.gov/IS200b/index.htm</a>                          | 3.0 |  |  |
| IS-700.A: National Incident Management System (NIMS), An Introduction.<br>Available online at<br><a href="https://emilms.fema.gov/IS700aNEW/index.htm">https://emilms.fema.gov/IS700aNEW/index.htm</a>                        | 3.0 |  |  |
| IS-800.B: National Response Framework, An Introduction.<br>Available online at<br><a href="https://training.fema.gov/is/courseoverview.aspx?code=IS-800.b">https://training.fema.gov/is/courseoverview.aspx?code=IS-800.b</a> | 3.0 |  |  |
| IS-907: Active Shooter: What You Can Do.<br>Available online at<br><a href="https://training.fema.gov/is/courseoverview.aspx?code=IS-907">https://training.fema.gov/is/courseoverview.aspx?code=IS-907</a>                    | 1.0 |  |  |
| View OTI Education Center at Volunteer State Community College scheduled courses at: <a href="http://www.volstate.edu/OSHA">www.volstate.edu/OSHA</a>   |     |  |  |



# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

## Volunteer State Community College

|   |   |
|---|---|
| <b>OS&amp;H Certificate Program Name:</b> | <b>Certified Safety &amp; Health Official (CSHO)<br/>Healthcare Industry</b>  |
| <b>Program Code</b>                       | <b>CSHO-HCI</b>   |
| <b>Campus/Facility</b>                    | VSCC Gallatin TN  |
| <b>Degree Type</b>                        | Certificate Program   |
| <b>Application Fee</b>                    | \$95.00   |
| <b>Minimum Credit Hours Required:</b>     | 175.5   |
| <b>For Additional Information:</b>        | (615) 230-3358; <a href="mailto:OSHA@VolState.edu">OSHA@VolState.edu</a> ; or, <a href="http://www.VolState.edu/OSHA">www.VolState.edu/OSHA</a> |

### Program Description:

Participants in the Certified Safety & Health Official Certificate Program must complete a minimum of nine (9) courses, comprised of required and elective courses, that include a minimum of 175.5 contact hours of training through OTI Education Center courses to earn the *Certified Safety & Health Official – Healthcare* certificate.

- must complete six (6) Required Courses from the General Industry list for a minimum of 148 contact hours of training.
- must complete a minimum of three (3) Elective Courses from the industry list that include a minimum of 27.5 contact hours of training.
- A minimum of two (2) courses, or 52 hours of training, must have been taken with the OTI Education Center at Volunteer State Community College.
  - ❖ Other required and elective courses may be transferred from any OSHA Training Institute Education Center.
  - ❖ Proof of successful course completion is required.

### Certified Safety & Health Official (CSHO-HC) Course Completion Record

| Six (6) Required CourseS  | Min Hrs. | Course Location | Completion Date |
|---|----------|-----------------|-----------------|
| OSHA #511 Occupational Safety and Health (OSH) Standards for General Industry   | 26.0     |                 |                 |
| OSHA #501 Trainer Course for General Industry – 26 contact hours;<br><br><b>OR,</b><br>OSHA #503 Update for General Industry Outreach Trainers – 18 contact hours | 18.0     |                 |                 |
| OSHA #521 OSHA Guide to Industrial Hygiene  | 26.0     |                 |                 |
| OSHA #2015 Hazardous Materials  | 26.0     |                 |                 |
| OSHA #2225 Respiratory Protection   | 26.0     |                 |                 |
| OSHA #2255 Principles of Ergonomics   | 18.0     |                 |                 |
| <b>Electives: (At least 3 courses that include a minimum of 27.5 hours of training from the list below)</b>   |          |                 |                 |
| OSHA #3095 Electrical Standards   | 26.0     |                 |                 |
| OSHA #7000 OSHA Training Guidelines for Safe Patient Handling   | 7.5      |                 |                 |
| OSHA #7105 Introduction to Evacuation and Emergency Planning  | 4.0      |                 |                 |
| OSHA #7115 Lockout/Tagout   | 7.5      |                 |                 |
| OSHA #7200 Bloodborne Pathogens Exposure Control for Healthcare Facilities  | 7.0      |                 |                 |
| OSHA #7205 Health Hazard Awareness  | 6.0      |                 |                 |
| OSHA #7210 Pandemic Illness Preparedness  | 5.5      |                 |                 |



# CERTIFIED SAFETY & HEALTH OFFICIAL (CSHO) CERTIFICATE REQUEST FORM

|   |      |  |  |
|---|------|--|--|
| OSHA #7215 Silica in Construction, Maritime, and General Industries   | 7.5  |  |  |
| OSHA #7500 Introduction to Safety and Health Management   | 5.5  |  |  |
| OSHA #7505 Introduction to Accident Investigation;<br><b>AND</b><br>RSHOL #9505 Root Cause Analysis-Accidents & Injuries                              | 17.5 |  |  |
| OSHA #7845 Recordkeeping Rule Seminar   | 4.0  |  |  |
| TPS #211 Electrical Safety in the Workplace—<br>Understanding NFPA 70E®   | 12.0 |  |  |
| View OTI Education Center at Volunteer State Community College scheduled courses at: <a href="http://www.volstate.edu/OSHA">www.volstate.edu/OSHA</a> |      |  |  |