

Community Resource Guide

Sumner County

Medical Needs:

Neighborhood Health

556 Hartsville Pk, Suite 200, Gallatin, TN
615-451-0038

Hours: Mon –Fri 8:00AM-3:00PM

*They offer services to anyone! They will see you regardless of if you do or do not have insurance or if you are an undocumented individual. They offer a wide range of services and those can be found here on their website. <https://www.neighborhoodhealthtn.org/>

Vanderbilt Health Clinic at Walgreens

It is located at 585 Nashville Pike, Gallatin, TN 37066. This resource offers a significant discount for uninsured students and faculty.

Visit Vanderbilt Health Clinic at Walgreens Gallatin | Vanderbilt Health Gallatin, TN

(<https://www.vanderbilthealth.com/locations/vanderbilt-health-clinic-walgreens-gallatin>) for more information.

Mental Health Needs:

Volunteer Behavioral Health

510 E Main St
Gallatin, TN 37066
(615) 452-1354

- Income Based
- Long Term
- Virtual and In-person options

Students can call 877-567-6051 or complete their contact form online

(<https://www.vbhcs.org/contact/>). A representative will contact the student to determine if they are eligible for the safety net grant and then set up their first appointment. Volunteer Behavioral Health has 21 locations across Middle Tennessee, including Livingston, Springfield, Cookeville, and Gallatin.

Volunteer Behavioral Health is a great option for students. They offer long-term counseling that can be in person or virtual, based on a sliding scale. You can also have this information for

Matters of the Heart Counseling

170 W. Franklin St
Gallatin, TN 37066
(615) 557-5500

<https://www.mattersoftheheartcounseling.org>

- *Discounted services for students working with our graduate interns
- *3 Locations (Gallatin, Hendersonville and Goodlettsville) in person and virtual sessions
- *Support and guidance with career counseling (Trained at TREVECCA)

Support:

Family Support

Families First

Dist. 3, City. #83

393 Maple Street, Suite 200

Gallatin, TN 37066-6342

Office Hours: 8:00 am - 4:30 pm

(615) 451-5814

FIELD MANAGEMENT DIRECTOR 1 - Nancy Lisic

- Services: Food Stamp; Families First; Childcare Certificate; Medicaid; and TennCare

Our Chance

Allison Huckaby

Ahuckaby@cctenn.org

615-693-1098

Caitlyn Harper

Charper@cctenn.org

615-693-1098

Provides coaching and financial counseling to help you increase your income and achieve your goals. Will work with you to create a plan that considers your unique circumstances and provides the guidance and support you need every step of the way. <https://www.ourchancetn.org/eligibility>

Cumberland Crisis Pregnancy Center

2229 Nashville Pike

Gallatin, TN 37066

(615) 451-1717

After Hours line: 1-800-712-4357

Ccpc@ccpchope.org Office Hours 10am- 5pm

Services: Pregnancy Tests, Parenting Education, Adoption Referrals, STD/ STI Information, Men's Programs, Pre-Natal classes, Mentoring Program, Baby Supplies, Maternity Clothing.

Tennessee Voices for Children

500 Professional Park Drive

Goodlettsville, TN 3072
(615) 269-7751
1-800-670-9882

Career Services

American Job Center

(615) 451-5800

1598 Green Lea Blvd, Gallatin, TN 37066

Helps in finding employment and a career in the American work force. Students are encouraged to apply for their services in the summer or after July since that is when funding is most up to date.

Prevention:

Suicide

Mobile Crisis Services

*If a student is having thoughts of suicide, please have them call 911 or contact Mobile Crisis Services 1-855-274-7471, or 1-800-784-2433.

Services Telephone Services provided by trained crisis specialists Face -to-face or Telehealth Assessment Referral for additional services & treatment Stabilization of Symptoms Follow-up services

Crisis Text Line

Text HELLO to 741741

Free, 24/7, Confidential

Drug/Alcohol Abuse

Cumberland Heights

8283 River Road Pike

Nashville, TN 37029

(615) 356-2700

Cumberlandheights.org 24/7 Services

Alcoholicsanonymous.com

This is a Gallatin specific list of AA meetings and a directory of the meetings going on in your area.

<https://alcoholicsanonymous.com/aa-meetings/tennessee/gallatin/>

Domestic Violence/Sexual Assault

Home Safe (Robertson, Sumner, & Wilson Counties)

Domestic Violence Helpline: (615) 452-4315

Español: (615) 969-3260

To Join a Support Group (615) 452-5439

Services: Emergency Shelter Counseling Support groups Court & Law (advocacy & accompaniment) Help with Order of Protection Case Management Child/ Youth Services Domestic Violence Education

*Resources are free of charge.

Trust Yourself (Robertson, Rutherford, Smith, Sumner, Trousdale, and Wilson)

Hotline: 615-502-0520

Email: Info@Trust-Yourself.org

Services: Domestic Violence nonprofit dedicated to preventing gender-based violence and fostering healthier communities.

For more information: trust-yourself.org

Financial Assistance/Food Pantry

Society of St. Vincent De Paul

Please Call (615) 452-2977, ext. 11

Services: Emergency Assistance Food Clothing Prescription Medication Furniture Household Items Utilities Rent Money

*Must meet qualifications. Will refer to other resources also.

Gallatin Cares

330 Durham N. Ave

Gallatin, TN 37066

(615) 452-5732

<https://www.gallatincares.org/>

Services Clothing, household goods, and furniture at discounted prices

Food Pantry- every Wednesday 9-11am

Unlimited Potential, CDC

260 East Winchester P.O. Box 1294

Gallatin, TN 37066

<https://www.unlimitedpotentialcdc.org/>

Services: Youth Education Senior/ Elderly Services Housing Shelter Human Services Sports Programs Food Programs *Must meet income guidelines.

Homelessness

Nashville Rescue Mission

(Family Life Center for Women & Children)

*Provides women and children emergency shelter. Food and clothing can also be provided.

1716 8th Ave North

Nashville, TN 37208

(615) 312-1574

24 Hour Shelter

Upper Cumberland

Livingston

Prevention

Cumberland Plateau Recovery

106 Elm Grove Rd, Livingston, TN 38570

931-403-3577

Rehab facility that specializes in treating alcoholism, drug addiction, opioid addiction, and substance abuse. They also help create a plan for recovery in the aftercare phase. This can include sober living arrangements, career counseling, and setting up AA meetings.

Overton County Anti-Drug Coalition

312 W Broad St, Suite 13 Livingston, TN 38570

931-823-3797

Monday-Friday 8:00am-2:00pm

The mission of OCADC is to reduce youth substance use; to educate and raise awareness of alcohol, tobacco and other drug issues; to promote community involvement; and to strengthen community partnerships and prevention strategies in Overton County.

<https://www.overtoncountycadc.org/>

Adult & Teen Challenge of the Upper Cumberland

200 Freedom Lane, Livingston, TN 38570

931-823-3496

Monday, Tuesday, Thursday, Friday 9:00am-4:00, Wednesday 9:00am-11:30pm

Adult and Teen Challenge of the Upper Cumberland offers a residential recovery program for adult women who want freedom from addiction. They also offer referral and placement services for men, adolescents, and families. They assist them with completing the requirements needed for placement into a long-term Adult and Teen Challenge center. They also offer Hope for Life, non-residential weekly addiction recovery classes for the local community.

<https://teenchallengeuc.org/>

Domestic Abuse/Sexual Violence

Genesis House

269 S Willow Ave Suite E, Cookeville, TN 38501

931-528-1512

Monday-Friday 9:00am-4:00pm

Promote the general welfare of victims of domestic and sexual violence by providing shelter, goods, and services while helping them find safety in their lives and the self-sufficiency and healing needed to become independent.

<https://genesishouseinc.com/>

National Domestic Violence Hotline 1-800-799-7233

Suicide Prevention

Suicide Prevention Hotline 1-800-273-8255

Call or Text **988** for assistance or help.

Medical Needs

Livingston Regional Hospital

315 Oak St, Livingston, TN 38570

931-823-5611

Open 24 hours a day

Regional hospital with 24-hour emergency room and provides services in areas like digestive health, birth, behavioral health, and sports medicine.

<https://www.mylivingstonhospital.com/>

Fast-Paced Health Urgent Care

817 W Main St, Livingston, TN 38570

931-735-6772

Monday-Saturday 8:00am-8:00pm, Sunday 1:00pm-5:00pm

Provides a vital health resource for those seeking immediate medical attention without the need for an ER visit. They accept most major insurances and offer competitive self-pay options. They also offer a comprehensive range of health services, including treatment for conditions like the flu, asthma, minor fractures and more.

<https://fastpacehealth.com/location/livingston-tn/>

Livingston OB/GYN

529 Medical Dr, Livingston, TN 38570

931-823-2663

Monday-Friday 8:00am-4:30pm

Specializes in female reproductive health. From treating conditions like STIs to ensuring a healthy and safe birth, they offer a wide and comprehensive list of services to ensure women and their health are taken care of.

Livingston Family Dentistry

215 Oak St, Livingston, TN 38570

931-823-5517

Monday, Tuesday, Thursday, Friday 8:00am-5:00pm, Wednesday 8:00am-12:00pm

Provides their patients with the best and most complete dental care. Some services include general dentistry, oral surgery, root canals, Lumineers, and partials.

https://www.patientconnect365.com/Dentists/Tennessee/Livingston/38570/Upper_Cumberland_Family_Dentistry

Eye Centers of Tennessee

802 W Main St, Livingston, TN 38570

800-766-2728

Monday, Tuesday, Wednesday, Friday 7:30am-4:30pm

This location provides a spectrum of eye care services, including basic eye exams and contact lens fittings. They're committed to providing their patients with access to the latest and most innovative procedures for eye health and vision.

<https://ecotn.com/locations/livingston-eye-doctor/>

Mental Health

Volunteer Behavioral Health

501 Spruce St, Livingston, TN 38570

931-823-5678

Monday, Wednesday, Thursday 8:00am-5:00pm

Serves individuals, families, and communities through prevention, treatment, and recover services.

Some available programs include addiction recovery, tele-health, mobile crisis response, and psychiatric medication management.

<https://www.vbhcs.org/locations/livingston/>

Health Connect America

550 N Church St Suite 10, Livingston, TN 38570

931-403-3577

This office helps support individuals with their mental health and well-being. Part of their mission is to ensure clients are positively growing, developing healthy coping skills, and preserving and repairing

natural support systems. They are able to help with substance abuse disorders, outpatient mental health, and intensive in-home care.

<https://www.healthconnectamerica.com/locations/hca-livingston-tn/>

Support:

Family Support

The Stephens Center

616 N Church St B, Livingston, TN 38570

931-823-6432

The mission of The Stephens Center is to promote healthy, nurturing families through appropriate home-visiting, parenting classes, and community education programs.

<https://stephenscenter.org/>

Department of Human Services

411 W Main St, Livingston, TN 38570

931-823-5695

Monday-Friday 8:00am-4:30pm

Families First

Families First is a workforce development and employment program. The Families First program emphasizes work, training, and personal responsibility. It is temporary and has a primary focus on gaining self-sufficiency through employment. The Families First program helps participants reach this goal by providing temporary cash assistance, transportation, childcare assistance, educational support, job training, employment activities, and other support services.

Smart Steps Childcare Payment Assistance

The Smart Steps Childcare Assistance Program is available to income-eligible working parents and parents pursuing post-secondary educational goals that have children ages six weeks to kindergarten. Families that participate in Smart Steps are responsible for a portion of their childcare costs or co-pay based on a sliding income scale. As part of the program, children will be enrolled in quality, affordable, childcare facilities and the Imagination Library.

<https://www.tn.gov/humanservices.html>

Housing Authority

620 E 7th St, Livingston, TN 38570

931-283-6423

Provides low-income housing for residents of Overton County.

Financial Support

Department of Human Services

411 W Main St, Livingston, TN 38570

931-823-5695

Monday-Friday 8:00am-4:30pm

Tennessee Supplemental Nutrition Assistance Program

The Supplemental Nutrition Assistance Program, formerly known as the Food Stamp Program, is a federal government program that provides food-purchasing assistance for low- and no-income people to help them maintain adequate nutrition and health.

<https://www.tn.gov/humanservices.html>

Career Services

Prospect Inc

960 Maddox Simpson Pkwy, Lebanon, TN 37087

615-444-0597

Prospect exists to provide support services and employment to individuals who have disabilities or other barriers to personal independence.

<https://www.easterseals.com/tennessee/>

Tennessee Department of Labor and Workforce

220 French Landing Dr, Nashville, TN 37243

844-224-5818

Monday-Friday 8:00am-4:30pm

The mission of the Tennessee Department of Labor and Workforce Development is to advance workforce development and improve workplace safety. They also help people find jobs and assist with unemployment.

<https://www.tn.gov/workforce.html>

UCHRA

106 W Henson St, Livingston, TN 38570

931-823-7323

Tuesday-Friday 8:00am-4:30pm

Their goal is to promote a strong sense of community and family values by administering programs designed to provide tools, knowledge and resources to improve the quality of life, promote a positive sense of individual self-worth, encourage responsible decision-making and provide opportunities for individuals to become productive and independent.

<https://www.justserve.org/overtoncountyhra>